



Vision | Mission | Values

IMPROVING SLEEP, TRANSFORMING LIVES



VISION

To enable everyone in the UK to understand and access the power of sleep in their lives.



MISSION

Work with Health & Care Organisations, Education, Businesses who care about Employees, Professionals and Individuals.

Offer evidence based solutions to insomnia and sleep disorders across the lifespan with compassion and care.

Evaluate our outcomes, to be outcome focused, responsive to feedback, and to embrace continuous improvement.



VALUES

We are trusted professionals. Our Sleep offer is based on Science and Research. We have strong governance around our processes and procedures. We have a commitment to continuous learning.

Our clients are the heart of everything we do. We are warm and welcoming and we aspire to treat everybody with respect. We recognise our clients as experts and we work with them to create effective solutions.

This Means We...

- Demonstrate thought leadership in sleep
- Use Evidence based practice
- Practice Agility and Innovation
- Maintain a continuous learning attitude
- Build a multi-disciplinary team of Hunrosa Professionals
- Engage the Customer in Co design
- Apply Excellent Clinical Governance
- Maintain a friendly and respectful approach to those we treat, whilst keeping people safe
- Maintain a level of excellence through a system of clinical supervision
- Consider the individual as the expert in their sleep treatment at their own pace
- Ensure all our training products and App are accredited
- Offer both online and in-person intervention
- Use a stepped care model to ensure clients receive the right level of care at the right time